## MEDICAID STATE PLAN 1915 (B)

## SERVICE NAME/AUTHORIZATION LEVEL:

Occupational Therapy (Evaluations and All Occupational Therapy Services)/Level 1 Services

## **SERVICE DESCRIPTION:**

#### **Evaluation:**

**Physician-prescribed** activities provided by an occupational therapist currently registered by the State of Michigan to determine the beneficiary's need for services and to recommend a course of treatment, where there is **anticipated significant interference with functional performances.** 

#### Therapy:

It is anticipated that therapy will result in a functional improvement that is significant to the beneficiary's **ability to perform daily living tasks appropriate to their chronological developmental or functional status.** These functional improvements should be able to be achieved in a reasonable amount of time (must be obtainable) and should be durable (maintainable). \*\*Therapy to make changes in components of function that do not have an impact on the beneficiary's ability to perform age-appropriate tasks is NOT covered.

Therapy must be skilled, meaning it is **requiring the skills, knowledge and education of a registered occupational therapist and could not be performed by another entity (i.e.: teacher, nurse, family member, etc.)** Therapy may involve direct contact or consultation with beneficiaries in **an individual or group setting** for the purpose of treatment and education. In addition, **all occupational therapy services MUST be prescribed by a Physician,.** 

# STANDARD PROCEDURE CODES and UNITS OF MEASURE:

- \* 97003 Occupational Therapy Evaluation/Encounter
- \* 97004 Occupational Therapy Re-Evaluation/Encounter
- \* 97110 OT/PT Strength ROM—Individual (Must be Face-to-Face)/15 minute increments: therapeutic exercises to develop strength and endurance, range of motion, and flexibility
- \* 97150 OT/PT Group/Encounter (Must be Face-to-Face)
- 97530 OT/PT Individual Therapeutic Activities (Must be Face-to-Face)/15 minute increment: The development of Cognitive skills to improve attention, memory, and problem solving.
- \* 97533 OT/PT Individual Sensory Integrative Techniques (Must be Face-to-Face)/15 minute increment: **designed to enhance sensory processing and promote adaptive responses to environmental demands.**

- \* 97537 OT/PT Community/Work Integration Training (Must be Face-to-Face)/15 minute increment: includes shopping, transportation, money management, work environment/modification analysis, and work task analysis
- \* 97542 OT/PT Wheelchair Management/Propulsion Training/15 minute increment

## **ELIGIBILITY CRITERIA AND SERVICE PRIORITIES:**

- 1. Beneficiary is experiencing a severe mental illness, severe emotional disturbance, or a developmental disability and meets eligibility requirements for specialty services, as defined in the Population Specific Practice Guidelines/Eligibility Chapter of this manual.
- 2. This service has been determined to meet Medical Necessity Criteria (see section on "Medical Necessity" for specific criteria, located in The Thumb Alliance Guiding Principles Chapter)
- 3. Beneficiary has an **identified functional need** (as defined above) where they are **unable to manage without education and/or monitoring**
- 4. Beneficiary is unable to have those functional needs appropriately addressed by another entity (as detailed above)
- 5. Beneficiary has some physical impairments, which may cause further disability and impaired functioning.

## **PROVIDER QUALIFICATIONS:**

\* **For an Evaluation**: Must be completed by an Occupational Therapist and May **NOT** be completed by an Occupational Therapy Assistant

#### \* For Therapy:

May be performed by the following three disciplines under the specified conditions:

- 1. **Occupational Therapist**: individual who is registered by the State of Michigan to practice as an Occupational Therapist
- 2. Occupational Therapy Assistant: individual who is registered by the State of Michigan to practice as an occupational therapy assistant and who is Supervised by a qualified Occupational Therapist. The Occupational Therapist, however, does Not need to be onsite to supervise the Occupational Therapy Assistant; rather, supervision with regard to the beneficiary's progress must take place. All documentation must be reviewed and signed by the appropriately credentialed supervising Occupational Therapist.

**3. Occupational Therapy Aide:** someone who has received on the job training and must be supervised by an on-site qualified occupational therapist. All documentation must be reviewed and signed by the appropriately credentialed supervising Occupational Therapist.

## **TYPICAL SERVICE UTILIZATION PATTERN:**

- \* Physician Prescription will determine service utilization for Both Evaluation and Therapy Services. Physician's orders must be evident in the beneficiary's chart.
- \* The typical length of time to complete an Occupational Therapy Evaluation is 2 hours, which includes all reporting documentation and should not be offered more than once/year, unless there have been **significant changes** in previous functioning, where a re-evaluation would take place.
- \* Beneficiary may receive up to 4 hours per month of Individual OT Services **OR** up to 4 encounters per month of group services in combination with up to 1 hour per month of other OT services.
- \* Occupational Services should be time-limited, obtaining very specific daily living tasks and then services should STOP.
- \* Documentation in the beneficiary's chart should indicate the following:
  > How OT services could NOT be obtained from another funding source/entity
- \* How assessments support the use of OT services and is outlined in the individual/family plan of service
- \* Why the particular level of OT services is necessary (frequency/expected duration)
- \* Criteria for when OT services should be reduced or extinguished
- \* Ongoing analysis/review of effectiveness of this service and rationale for any continued needs; due to this being a time-limited service, review of progress/service effectiveness should occur at least once per quarter.

# **ASSOCIATED OUTCOMES:**

- \* Increased ability to perform daily living tasks **appropriate to the beneficiary's chronological, developmental, or functional status**
- \* **Beneficiary and their support system** will have increased the adaptive practices into their activities of daily living.
- \* Maximize Independence
- \* Stabilization of skills associated with areas of work, leisure, and activities of daily living, to prevent further deterioration
- \* Maximized health/safety