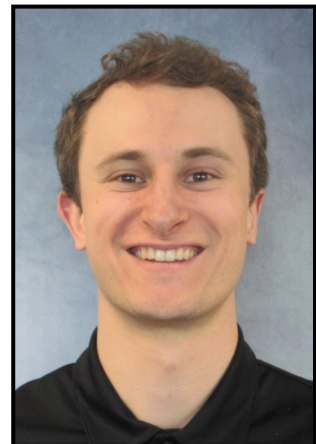


# CONGRATULATIONS



**Top left to right:** Emily Ash, Cheryl Keaney, Tom Kingsbury,  
**Bottom left to right:** Brad McDonald, Noelle Schleder, Evan Wagner

## **St. Clair County CMHA** Outstanding Team, May 2020

### **Congratulations to:** In-Shape Staff

During the recent COVID-19 Stay at Home period, CMH staff were challenged to continue to provide effective and efficient services to individuals we serve, particularly services that traditionally require face-to-face interaction. This was especially true of the InShape Program, where staff work with individuals to change long-held eating habits while practicing a regular exercise program that for many requires external encouragement and support. Despite the difficulties in achieving these goals under the Stay at Home order, the InShape Team met this challenge with a positive attitude and innovative spirit.

The InShape Team stayed in daily contact with program participants, providing the encouragement and support needed through phone and video contact. Whenever possible they supplemented these contacts with personal contact, while also practicing social distancing, for example by leading walks. To further encourage participants, they began their "Miles to Smiles" challenge, a virtual walk where between April and June participants logged 1,230 miles, reaching Topeka, Kansas on their way to California. Because of the initiative demonstrated by the InShape Team, instead of a period that might have led some InShape participants' commitment to wane, they are emerging from the Stay at Home period ready, willing, and able to continue their march toward their health goals.

Awesome Job!

# CONGRATULATIONS



## **St. Clair County CMHA** Outstanding Employee, June 2020

### **Congratulations to:** Delores Johnson

Throughout the COVID-19 Pandemic, Delores Johnson has gone above and beyond expectations to facilitate the mission of the ABA Department. She provided staff training and resource opportunities while they were working from home, made innumerable masks to help protect against the COVID-19 virus, and created a welcoming environment to ABA team members as they returned to the office by decorating and making welcome back snacks. Most important of all, her calm, professional, and can-do attitude in the face of continuous challenges enhanced the ABA work environment and was an inspiration to her co-workers.

In recognition of her superior teamwork and dedication to individuals we serve, Delores Johnson has been named St. Clair County Community Mental Health's June Employee of the Month.

Wonderful Job!

# CONGRATULATIONS



**Front left to right:** Michelle Walkowski, Chris Corby, Natalie Richards, Brian Fanion  
**Back left to right:** Barb Sudomier, Laura Higgins, Keith Gilbert, Mellisa Quandt

## St. Clair County CMHA Outstanding Team, June 2020

### Congratulations to: Assertive Community Treatment Staff (ACT)

The ACT Team routinely goes the extra mile by working weekends, holidays, and during inclement weather events. This dedication continued with the onset of the COVID-19 pandemic and consequent changes to how CMH provides services. Despite the added level of stress involved, the ACT Team continued to come into the office every day, see people in the community, and provide transportation as necessary. Throughout this period, the ACT Team has worked diligently to ensure that individuals they serve received their medications and any additional support they needed. In the face of the additional challenges created by COVID-19, they seamlessly managed multiple hospital discharges directly to ACT, received transfers from other programs, as well as individuals directly from Intake.

For their commitment and passion for supporting the individuals we serve, the ACT Team has been named St. Clair County Community Mental Health's June Team of the Month.

Great Job Team!