

St. Clair County Community Mental Health Authority
Advisory Council Meeting Minutes
 Wednesday, September 16th, 2020

- PRESENT:** Advisory Committee Members: Barbara Belkiewicz, Lisa Clark, Lisa Murphy, Richard Parker, Martha Partipilo, Mark Paulus, Cyndy Raymo, Erin Rusch, Amy Sanderson, Antoinette (Tosia) Tucker, and Nancy Thomson (Chairperson)
- CMH Staff: Debra Johnson (Executive Director) Kaeley Hux (CMH Recording Secretary) Karen Zultak (Program Supervisor)
- ABSENT:** Advisory Committee Members: Larry Doherty, Cheryl LaFrance, Nancy Levitt, and Edward Rieves.
- CMH Staff: Kathleen Gallagher (Program Director)
- GUESTS:** CMH Staff: Heidi Fogarty (Program Director)

- I. CALL TO ORDER/AGENDA CHANGES – N. Thomson**
 Nancy called the meeting to order at 12:02 P.M. There were no agenda changes noted.
- II. REVIEW/ACCEPT MINUTES – Group**
 The Advisory Council members accepted the previous month's minutes with no changes submitted.
- III. EXECUTIVE DIRECTOR UPDATE – D. Johnson**
- A. NAMI Affiliate**
 The purpose of NAMI is to raise awareness in the community by striving to provide education and support to improve the lives of the mentally ill and their loved ones. In efforts to rebuild the NAMI chapter in St. Clair County, Johnson asks that the council, if able to, provide referrals to individuals they feel would be a relevant fit. A brief NAMI informational handout was provided to the council via packet and email.
- B. Statewide Crisis Line**
 Michigan is introducing a 24 hour access line. The intent is to provide direction for people who are seeking services but "don't know where to go" however, that statement was not backed up with data. It is concerning that if in the event of a crisis, this process will require too many steps to designate an immediate mobile crisis responder. Another concern would be if this is aiding the privatization of mental healthcare.
- IV. INTEGRATED HEALTHCARE – H. Fogarty**
 Secondary trauma experienced by parents and guardians is another component to treatment that is observed. CMH has several staff trained on trauma focused cognitive therapy. The secondary trauma is addressed with the parent and therapist. Parents are engaged in discussion where they can receive education on common reactions to trauma as well as their own personal reactions to their child's trauma and/or behaviors exhibited by the child due to their existing trauma. Parents are strongly encouraged to participate in their child's treatment plan. Parents and guardians are invited to attend the Parent Caregiver group which is facilitated by a certified clinician and co-facilitated by a certified parental caregiver. The Parent Caregiver group has been discontinued until further notice due to COVID, however the date to resume is anticipated. There will be more media generated to raise awareness for this group. A handout was provided via packet and email regarding various ways for parents to cope with their secondary trauma and offer information on how to engage with your child's caregiver in order to receive the maximum benefit of the treatment.

There was discussion regarding the family support component.

V. CMH UPDATES – H. Fogarty

A. Opioid Summit

There was a handout provided via packet and email. Please note this is a virtual event.

B. Empty Bowl

There was a handout provided via packet and email.

C. Run for Recovery

There was a handout provided via packet and email. Please note this is a virtual event.

VI. CCBHC UPDATE – K. Zultak

The Opioid Summit virtual event has been successful with approximately 250 online attendees. All are welcome to attend the online series. The Community Perception Survey has been posted and the agency awaits feedback in regard to the anticipated name change of St. Clair County Community Mental Health. The purpose for the name change is to reduce the stigma surrounding mental health, in addition to encompassing the various types of wellness treatment CMH offers. The survey has been provided to the council via email and they may route it to their social media if they so desire.

VII. POLICY REVIEW – Group

There were no policies for the council to review at this time.

VIII. COUNCIL ROUNDTABLE – Group

Chairman Thomson touched base with the council in regard to the representation within the council. She addressed the need for 2-3 individuals that we serve to join the council.

Tosia Tucker brought up monetary concerns in regard to the hospitals meeting capacity too rapidly, thus creating overcrowding and unsuitable living conditions. Executive Director Johnson explained that CMH is doing their part to work with the hospitals in the best interest of the individual at stake.

IX. ADJOURNMENT – N. Thomson

Chairman Thomson adjourned the meeting at 1:06 PM.

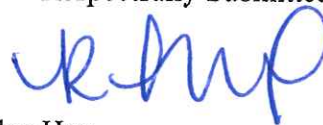
X. NEXT MEETING: Wednesday October 21st, 2020 from 12:00 PM – 1:00 PM in the Summit.

Reviewed and Approved By:



Heidi Fogarty
Program Director

Respectfully Submitted,



Kaeley Hux
Recording Secretary

cc: Debra B. Johnson, Executive Director
Kathleen Gallagher, Program Director
Tracy Goyette, Executive Secretary
Advisory Committee Members
Marcy Cameron
Electronic Record