

St. Clair County Community Mental Health Authority
Advisory Council Meeting Minutes
Wednesday, February 15, 2023

PRESENT:

Advisory Committee Members: Nancy Thomson, Nora Condland, Martha Partipilo, Alesha Fay, Amy Sanderson, Lisa Clark, Ruth Thick, Cynthia Raymo, Nancy Levitt

CMH Staff: Kathleen Gallagher, (Program Director), Sarah Herrle (Community Relations Representative), Jami Strickler (CMH Recording Secretary)

ABSENT: Debra Johnson, Tosia Tucker, Barbra Belkiewicz, Larry Doherty, Mark Paulus

I. CALL TO ORDER/AGENDA CHANGES –N. Thomson

Nancy Thomson, Advisory Council Chairperson called the meeting to order at 12:01 p.m.

II. REVIEW/ACCEPT MINUTES - Group

The Advisory Council members accepted the minutes from January 18, 2023 as presented.

III. EXECUTIVE DIRECTOR UPDATE –K. Gallagher

A. CARF Accreditation Review

Accreditation takes place every 3 years, and reviews over 2,000 standards. This year's took place virtually. Report of visit will be available in coming week. Over all the Agency did well. Questions regarding what it means to be CARF accredited were asked and answered.

B. NAMI Honors

Honors Gala taking place in March. Three local residents were nominated for awards by the Agency and will attend the Gala with Ms. Johnson.

C. Community Forums Update

Forums continue to take place. The purpose of the forums are to receive community feedback regarding the services the Agency provides, and if there are any needs that are not currently being addressed.

IV. CMH Updates- K. Gallagher

A. "Charting The Life Course"

Direct care provider training 2 staff have applied for a grant to attend this Course so they might be able to train other persons with the goal of receiving certifications as an attempt to address the need for qualified direct care workers in the community.

B. TALKSPACE Rollout

The Agency has partnered with the City of Port Huron to combined funding in order to allow local residents to take advantage of the TALKSPACE app. TALKSPACE will

provide qualified local participants with 3 months of free access to mental health services with include one monthly virtual appointment with a therapist. Additionally, TALKSPACE connects individuals with resources to assist with Coping Skills and Mindfulness. Residents can enroll by contacting the Agency. Available to persons 14 and up, and it is preferred these participants not already be enrolled in services. Participants can elect to pay for membership after the free trial period has concluded.

C. Eleos

New company which provided devices that record therapy sessions and turn them in to dictated notes. Condensing 6000 words in to just 300, verbal permission by both parties is required for recordings. It is compatible with Oasis which is the system used by the Agency.

V. Community Relations Update- S. Herrle

A. Creative Arts Contest

The deadline for submissions into the Creative Arts Contest has was extended to February 17th. The selection of winners will begin in the coming days. Council Members are encouraged to watch the Agency website for voting.

B. Run for Recovery

The Agency's annual Run for Recovery will take place on May 13th, 2023. Runners and volunteers are asked to contact scccmh.org/events/run-for-recovery or call the main office for more information. Flyers provided to Council members.

C. Veteran's Training

Upcoming training in conjunction with the V.A. with the purpose of harm reduction and prevention strategies for people working with the Veteran population. Continuing education credits available.

VI. Old Business

- None

VII. Policy Review

A. 03-001-0005 Person Centered Planning Process Individual Plan of Service

B. 03-003-0040 Evaluation of Services for Individuals Who Are Intoxicated or Impaired

C. 05-003-0015 Treatment By Spiritual Means

VIII. Council Round Table

- Ms. Condland inquired as to if there was a central location where people can find links to different services throughout the community. The St. Clair County "Help Card" will be sent out to Council members for reference. Additionally on the CSCB website, links are available.
- Ms. Partipilo discussed possible data breach on her son's "Able" account. She encourages anyone who uses the system to check their accounts and to spread the word. There was discussion regarding Medicaid regulations regarding payments and spending.
- Ms. Thick provided information regarding a Bowling Fundraiser for Port of Hopes. Sponsorship is available for persons interested in supporting the cause.
- Ms. Thomson discussed the need for pushing the State legislation to reconsider the current Restraint Laws, as well as finding solutions for the current lack of staffing in direct care worker fields. Also discussed was the need for a Recipient Right Registry which would hold persons who have Recipient Right violations be

monitored outside of the County in which the violation took place.

IX. Adjournment

Meeting adjourned at 12:52PM by Nancy Thomson

X. Next Meeting

Wednesday, March 15, 2023 from 12PM-1PM via Lifesize or in person

Respectfully Submitted By:

Jami Strickler
Recording Secretary

cc: Debra B. Johnson, Chief Executive Officer
Kathleen Gallagher, Program Director
Tracy Goyette, Executive Secretary
Advisory Committee Members
Marcy Cameron
Electronic Record

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