



10-09-2021

WHY WE RUN:

The name "Run for Recovery" serves as a reminder that recovery from behavioral health conditions is both possible and expected! Proceeds from this event support local non-profit organizations that share our commitment to improving the health and wellness of our community.

Early registration by September 10th: \$25
Registration after September 10th: \$30

To register: <https://bwrs.enmotive.com/>

5k

Healthy Minds Healthy Bodies

RUN FOR RECOVERY

1 Mile Walk ----- 8 :30 am

1 Mile Timed Kids Run -- 8 :30 am

5K Run ----- 9 :00 am

Virtual Run Option Available



**St. Clair County
Community Mental Health**
*Promoting Discovery & Recovery Opportunities
for Healthy Minds & Bodies*

Connect with us:
810-985-8900
www.scccmh.org
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