



**St. Clair County
Community Mental Health**
*Promoting Discovery & Recovery Opportunities
for Healthy Minds & Bodies*

High School Art Contest

BUILDING BRIDGES TO WELLNESS: NURTURING HOPE, HEALING, AND RESILIENCE

Open to all St. Clair County High School Students!

Deadline: Friday, January 19, 2024

Prizes

Best In Show	\$350
People's Choice	\$150
1 st Place	\$150
2 nd Place	\$100
3 rd Place	\$75
Honorable Mention certificates	

Additional information & entry forms can be found online at:
www.scccmh.org
or scan the QR code



Best In Show artwork is used as St. Clair County Community Mental Health's Mental Health Poster and will appear in the agency's annual report and on billboards throughout St. Clair County. Artwork may also be used in additional, appropriate marketing campaigns and material; in 2023 the winning artwork was featured on SCCCMH's Healthy Minds Healthy Bodies 5K run material and shirts!



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BUILDING BRIDGES TO WELLNESS: NURTURING HOPE, HEALING, AND RESILIENCE

21st Annual High School Art Contest

CONTEST ENTRY FORM

Complete and submit this form with your entry by 5:00 p.m. on Friday, January 19, 2024.

Please be sure to complete the form fully and legibly

Title of Entry

Student Name

Grade (2023/24 School Year)

Student's Home Address (include city & zip code)

Parent/Guardian Name

Parent/Guardian Email Address

Parent/Guardian Phone Number

School

Teacher's Name (if applicable)

Teacher's School Email Address

Teacher's School Phone Number

I hereby certify that this entry is my own original work and is not copied, adapted, or plagiarized from any other source. By entering this contest, I give St. Clair County Community Mental Health permission to use my entry for educational and promotional purposes with no additional expectation of compensation.

Student Signature

Parent/Guardian Signature (if student is under 18)

For more information, go to www.scccmh.org/events/creative-arts-contest/
or contact Aubree Mayhew at 810.966.3386 or amayhew@scccmh.org



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Quick Reference Guide

What is the goal of the annual creative arts contest? To encourage youth to use their talents to educate their peers and the community about the value of connecting mind and body for mental wellness and to reduce stigma associated with mental health conditions, intellectual/developmental disabilities, and/or substance use disorders.

What is this year's theme? The 2023 Theme is: Building Bridges to Wellness: Nurturing Hope, Healing, and Resilience.

Consider the Eight Dimensions of Wellness when creating your artwork. There are eight important parts of being healthy and happy (wellness) and they all work together. Together, these eight dimensions can help you live the life you want.

1. Emotional Wellness ~ is feeling good about yourself and getting along with others.
2. Environmental Wellness ~ is being in places that make you feel good and help you stay healthy.
3. Financial Wellness ~ is about feeling content with your money now and in the future.
4. Intellectual Wellness ~ is about using your brain to learn new things and be creative.
5. Occupational Wellness ~ is about being happy and proud of the work you do.
6. Physical Wellness ~ is about eating healthy foods, being active, and getting enough sleep.
7. Social Wellness ~ is about having friends, feeling like you belong, and having people to help you.
8. Spiritual Wellness ~ is about finding meaning in your life and feeling like you have a purpose.

Can artwork contain a blend of computer generated and hand created art? No, at this time our Creative Arts Contest do not accept digital artwork.

Who judges the artwork? Judging is by popular vote of SCCCMH staff, individuals who use CMH services, and the public. There are two ways to vote. First all entries will be on physical display at SCCCMH, please watch the Creative Arts Contest webpage for exact dates. Those entries with an email address included will receive notification of in person and online voting dates. You can also visit the SCCCMH Facebook page to see voting dates.

When will prizes be awarded? Prizes will be awarded in April and May. Winners will be notified by mail and SCCCMH will make every effort to schedule a presentation of awards in partnership with the winners' schools or districts.

When will student artwork be returned? Artwork not awarded a prize may be picked after May 1, 2024. Winning artwork will be available for return after June 1, 2024. All artwork can be picked up at the SCCCMH Port Huron office or you can request to have your artwork returned to your school.



2023 Creative Arts Contest Best in Show Winner is pictured, left, for reference. The previous theme was Keep Going, Keep Growing, and this artwork was featured on billboards during Mental Health Month and on the SCCCMH Healthy Minds, Healthy Bodies Run for Recovery in May 2023.



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ART CONTEST RULES

1. Entries must be the original, individual work of a student in grades 9, 10, 11, 12.
2. The student must live in or attend school in St. Clair County, Michigan.
3. Entries must be hand created work using any medium, not created digitally.
4. Entries should be no larger than 14" x 17".
5. Entries must be accompanied by a completed Student Entry Form. Entries not accompanied by this form will be disqualified.
6. Entries should not be matted or framed.
7. Entries using any easily transferable medium, such as chalk, charcoal, graphite and pastels, must be treated with a spray fixative before being turned in. It is also recommended that these types of pieces be submitted with newsprint or other paper protecting the work.
8. The student does not need to be currently enrolled in an art class to participate.
9. The student's name and their school name must be printed legibly on the back of the artwork.
10. Any artwork that depicts copyrighted images will be rejected. For example, no artwork depicting characters from television shows, movies, video games, or books will be accepted. All artwork must be original ideas and created entirely by the student.
11. Failure to adhere to any of the aforementioned rules could result in the artwork being disqualified.
12. Submissions must be received by 5:00 p.m., Friday, January 19, 2024.
Mail or deliver entries to:
St. Clair County Community Mental Health
Attention: Creative Arts Contest
3111 Electric Avenue
Port Huron, MI 48060.

PRIZES

Best in Show ~ \$350

People's Choice ~ \$150 • 1st Place ~ \$150 • 2nd Place ~ \$100 • 3rd Place ~ \$75
Honorable Mention ~ Framed Certificate

The Best in Show winning piece will be featured on the 2024 St. Clair County Community Mental Health poster and displayed on billboards throughout St. Clair County.