

FIRST RESPONDER HOTLINE

810-363-9005

What

A 24/7 completely confidential phone line answered by trained staff who are there to listen and support people working in the emergency response/first responder field

Who

Emergency responders - EMTs, Paramedics, Dispatch, Police Officers, Corrections Staff, Firefighters in St. Clair County

Why

Coping with stress from the job, witnessing and responding to traumatic events, challenges at home, burnout, compassion fatigue

**** The First Responder Hotline is free and completely confidential. Hotline staff are licensed clinicians with experience working closely with first responders and are not affiliated with any law enforcement or emergency response agency, and do not report information to any department.**

Sponsored and supported by St. Clair County Community Mental Health

