

AUDIT

1. How often do you have a drink containing alcohol?

Never, 0
Monthly or less, 1
Two to four times a month, 2
two to three times a week, 3
Four or more times a week, 4

2. How many drinks containing alcohol do you have on a typical day when you are drinking?

1 or 2 drinks, 0
3 or 4 drinks, 1
5 or 6 drinks, 2
7 to 9 drinks, 3
10 or more, 4

3. How often do you have six or more drinks on one occasion?

Never, 0
Monthly or less, 1
Two to four times a month, 2
Two to three times a week, 3
Four or more times a week, 4

4. How often during the last year have you found that you were not able to stop drinking once you had started?

Never, 0
Monthly or less, 1
Two to four times a month, 2
Two to three times a week, 3
Four or more times a week, 4

5. How often during the last year have you failed to do what was normally expected from you because of drinking?

Never, 0
Monthly or less, 1
Two to four times a month, 2
Two to three times a week, 3
Four or more times a week, 4

6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?

Never, 0
Monthly or less, 1
Two to four times a month, 2
Two to three times a week, 3
Four or more times a week, 4

7. How often during the last year have you had a feeling of guilt or remorse after drinking?

Never, 0
Monthly or less, 1
Two to four times a month, 2
Two to three times a week, 3
Four or more times a week, 4

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

Never, 0

Monthly or less, 1

Two to four times a month, 2

Two to three times a week, 3

Four or more times a week, 4

9. Have you or someone else been injured as a result of your drinking?

No, 0

Yes, but not in the last year, 2

Yes, during the last year, 4

10. Has a relative or friend, or a doctor or other health worker been concerned about your drinking, or suggested you cut down?

No, 0

Yes, but not in the last year, 2

Yes, during the last year, 4

SCORING:

The number for each response is the number of points.
Answers for each question range from 0 to 4 points.

There is no set cut-off point indicating harmful use.
A score of 2 or more indicates some level of harmful use.

The particular score that warrants a further evaluation, depends in part on the situation, e.g. a score of 3 for someone scheduled for surgery would clearly warrant further evaluation, although this might not be as critical for the healthy individual who is seen during a routine annual physical. However, patient education/harm reduction efforts are indicated for anyone who scores over a 1.

SENSITIVITY AND SPECIFICITY

	<u>% those with score who have alcohol abuse/dependence</u>	<u>% all alcoholics with this score</u>	<u>% all alcoholics with lower score</u>
SCORE 12	97%	28 %	72%
SCORE 8	90%	61%	39%
SCORE 2	25%	97%	3%