

St. Clair County Community Mental Health Authority

Advisory Council Meeting Minutes

Wednesday, December 20, 2023

PRESENT:

Advisory Committee Members: Nora Condland, Martha Partipilo, Harold Powell, Cynthia Raymo, Nancy Thompson

CMH Staff: Debra Johnson (Chief Executive Officer), Kathleen Gallagher (Program Director), Aubree Mayhew (Community Relations Representative), Gloria Valentin (CMH Recording Secretary)

ABSENT: Lisa Clark, Ruth Thick, Alesha Fay, Amy Sanderson

I. Call to Order/Agenda Changes –N. Thompson

Ms. Nancy Thompson, Advisory Council Chairperson called the meeting to order at 12:00 p.m.

II. Review/Accept Meeting Minutes - Group

The Advisory Council members accepted the minutes from October 18, 2023 and November 15, 2023 as presented.

III. Executive Director Updates – D. Johnson

- **Strategic Plan Update**

Ms. Johnson updated the Council the Board approved the new Agency Strategic Plan at its December meeting. The simplified version of the Strategic Plan will be posted on the Agency’s Facebook account as well as the Agency website for viewing, with a link that will take interested persons to the complete Plan.

- **Mission, Vision, Values Update**

The Agency has officially landed on its finalized version of the Mission, Vision, Values Statement. Copies were provided to Council Members. The Vision statement has been updated to include “Service Excellence” which allows the use of the acronym C.A.R.E.S. This updated abbreviation allows new marketing possibilities for the Agency included the idea of the CMH “CARES Bear” mascot. Additionally the Agency is looking to update the CMH logo, which has not be refreshed in many years. Members with any questions regarding these changes are encouraged to reach out to Ms. Johnson, or Ms. Gallagher.

- **Senate Bill 227**

Ms. Johnson informed the Advisory Council that there has been a delay in the approval process for the Senate Bill 227 which allows for the use of emergency physical intervention in children’s crisis homes. Due to incorrect verbiage in the draft, the language did not align with other passed bills, and will need to be updated

before it is able to go back out to be voted into law. This is expected to delay the bill further into the New Year.

IV. CMH Updates- K. Gallagher

- **Children's Residential**

Due to the delay in the passing of Bill 227, the opening of a local children's crisis residential building is expected to be also be postponed. In the meantime, the Agency continues its search for a building to use, updating best practices standards, and finding staff.

- **Art Classes**

Cindy Badley has signed a contract with the Agency to provide Art Classes for all St. Clair County CMH locations. Cindy has worked with the Agency in the past with the Fish Mosaic Murals, and we are looking forward to continuing our partnership with her.

- **Creative Empowerment Opportunities**

In an effort to address Community Enterprises closing its facility in Marine City, the Agency is in search of an option to continue provide services to individuals unable to commute the Port Huron location. Creative Empowerment Opportunities is a facility in Anchorville, and has been scouted out by Ms. Gallagher, Ms. Thompson, and Ms. Davies and deemed it to be a suitable replacement, with the capabilities of taking on new individuals. The Agency is currently working on a contract the use of this facility.

- **Harrison/SONS**

The Agency has signed a lease with SONS for the use of 2 connecting rooms at the old Harrison Elementary building. The intention is to move Music and Art classes at this facility, as well use the location for Wrap Around and other community meetings.

- **Broadway- Marine City**

The Agency has been updating the building with the goal of using it for Art, Socialization and Cooking groups but also to provided clinical and case management services for individuals who have barriers to accessing the new building on King Road. The goal is to have this up and running by the end of January 2024.

- **Port Huron Police Department**

Chief Platzer reached out to Ms. Johnson to express his appreciation for CMH's embedded clinician Sarah Schoenburg. Who does ride along with officers, as well as responding to calls with mental health related issues to assist officers. Additionally Sara is available for officers who have witnessed or experienced

traumatic events with the goal of taking care of their mental health as well.

V. Community Relations- A. Mayhew

- **Employee Wellness Toolkit for Employer**

Ms. Mayhew updated the Council that the Agency has released its Employee Wellness Toolkit online, which is a toolkit for employers to access resources to enhance employee mental health and knowledge in the workplace. Ms. Johnson and Ms. Gallagher will be doing more media on this in January.

- **EBW Video**

EBW Video showcasing Ms. Johnson and Ms. Gallagher where they discussed the topic stress and mental health well-being during the holidays was played for Council Members. This can be watched any time on the Agency, or EBW's website. New videos are released twice monthly and all focus on different ways to increase mental and physical health awareness.

<https://ebw.tv/healthy-minds-healthy-bodies-holiday-season/>

- **Creative Arts Contest**

The 2024 Creative Arts Contest is underway. The Agency distributed information to all of the schools in the county in November. This includes the High School Art contest, the Middle School writing contest, whose theme this year is "Building Bridges to Wellness: Nurturing Hope, Healing and Resilience". Additionally taking place is the Elementary Bookmark design contest with the theme "I am Important; the World is a Better Place Because of Me".

VI. Policy Review

05-001-0045- Reporting Suspected Abuse or Neglect

VII. Old Business

There was no Old Business discussed at this month's meeting.

VIII. Council Round Table

- Ms. Partipilo requested if it was possible, to please get the meeting material sent via emails a few days prior to scheduled meetings so they may have more time to review items like policies or reports in order to give real time feedback when the Council meets.
- Ms. Condlan provided handouts to the Council on low dose, targeted radiation therapy for osteoarthritis treatments. She has found this treatment to be very helpful for her personal health plan, and wanted to spread the information to members who might find it helpful themselves, or who knew of someone who could benefit from the treatments.

IX. Adjournment

Meeting adjourned at 12:48 PM by Nancy Thompson

X. Next Meeting

Wednesday, January 17, 2024 from 12PM-1PM via Lifesize or in person

Respectfully Submitted By:

Jami Strickler
Recording Secretary

cc: Debra Johnson, Chief Executive Officer

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