

St. Clair County Community Mental Health Authority

Advisory Council Meeting Minutes

Wednesday, December 18th, 2019

- PRESENT:** Advisory Committee Members: Lisa Clark, Larry Doherty, Cheryl LaFrance, Nancy Levitt, Richard Parker, Martha Partipilo, Mark Paulus, Edward Rieves, and Nancy Thomson (Chairperson)
- CMH Staff: Debra Johnson (Executive Director), Kathleen Gallagher (Program Director) and Kaeley Hux (CMH Recording Secretary)
- ABSENT:** Advisory Committee Members: Barbara Belkiewicz, Alice Rieves, Cyndy Raymo, Amy Sanderson, and Antoinette (Tosia) Tucker.
- GUESTS:** CMH Staff: None
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I. CALL TO ORDER/AGENDA CHANGES – N. Thomson

Nancy called the meeting to order at 12:03 P.M. There were no changes noted.

II. REVIEW/ACCEPT MINUTES – Group

The Advisory Council members accepted the previous month's minutes with no changes noted.

III. EXECUTIVE DIRECTOR UPDATE – D. Johnson

Debra Johnson made note that the Section 298 update has been discontinued, and with that MDHHS Director Robert Gordon has issued a new vision—however this vision does appear to favor privatization of the public mental health system once again. Gordon would like the new system in place by year 2022. Gordon is proposing the opportunity for one public PIHP that would have to manage both physical and behavioral healthcare. Johnson notes that it appears that MDHHS supports the opinion that the only way to achieve true integration is to integrate the funding. SCCCMH opposes this position.

Debra Johnson brought attention to the use of individuals receiving services to promote access to services, by the way of public service announcements and/or other marketing initiatives. Johnson notes that there needs to be a process implemented to find suitable candidates. Suggestions are encouraged.

Debra Johnson informed the council that the agency will be embarking on a strategic planning process which will develop various focus groups to assess topics such as agency priorities, goals, quality improvement plan goals, etc. The Advisory Council members will be welcome to attend.

Debra Johnson announced that the first treatment of Spravato has been administered and has produced a positive result, noting that according to depression screening the individual scored a 40 (being the worst) pre-Spravato. The same individual was tested again post-Spravato and scored a 13. Johnson noted that SCCCMH is the only CMH in the state of Michigan utilizing Spravato. SCCCMH has been contacted by the National Council for Behavioral Healthcare to provide feedback and tips in regard to implementation of Spravato, in hopes to share with relevant agencies and practices. Johnson also informed the council that psychiatrists outside of the CMH umbrella may refer eligible individuals served to SCCCMH to undergo Spravato treatment.

IV. NEW APPLICANT TO ADVISORY COUNCIL

Motion for acceptance granted.

V. CMH UPDATES – K. Gallagher

A. YMCA Partnership

Kathleen Gallagher announced to the council that SCCCMH would be partnering with the local YMCA to produce wellness classes for staff or the individuals served. Classes will be facilitated by a YMCA instructor and held at CMH twice a week at approximately 5:15 PM. Classes are anticipated to begin after January 1, 2020.

B. Sublocade

Gallagher spoke to the group about the implementation of Sublocade, an injectable version of Suboxone. Sublocade is used to treat opioid addiction while preventing abuse of the Suboxone. Sublocade can stay in an individual's system for 3-6 months, which is imperative to the individual's personal success if they should miss an appointment.

C. IDDT Revamp

Integrated Dual Disorder Treatment (IDDT), for those with both a substance abuse disorder and a mental illness, is going to separate from the Outpatient program to fulfill the objective of creating lower caseloads to be able to adequately perform outreach attempts.

D. Liberty Home

The Liberty Home's application for licensing has been submitted to the state and construction will be completed shortly. Staff have been recruited for the past month and continue to be recruited. The Liberty Home will house 6 beds for individuals with a severe mental illness and/or intellectual disability. There was discussion regarding the rising issue of need for beds in the community, noting that the community is losing reputable specialized Adult Foster Care homes and there are not enough replacements. To offset this issue, SCCCMH's Contract Agency department is working with Jennifer Perrin of MDHHS to organize a recruiting fair to replace some of the departing AFC homes.

VI. POLICY REVIEW – Group

A. 02-001-0015 Treatment Authorization

With no changes noted, the council has reviewed and approved the policy above.

B. 03-003-0005 Input from Individuals Served

With no changes noted, the council has reviewed and approved the policy above.

C. 05-001-0045 Reporting Suspected Abuse or Neglect

With no changes noted, the council has reviewed and approved the policy above.

VII. COUNCIL ROUND TABLE – Group

A. Richard Parker commended the Recipient Rights department on their hard work, thoroughness, and efficiency.

B. Cheryl Tucker announced there will be a fundraiser held at SCCCMH in the auditorium in January. Trainer John Watt will present this business-oriented seminar. Cost will be \$45 per person, there will be coffee and hors d'oeuvres; Cheryl will provide further information once available to her.

C. Lisa Clark suggested the implementation of a support group for parents who have lost children due to substance abuse disorder. Kathleen Gallagher supported this suggestion and confirmed she would consult with the SUD Unit.

D. Nancy Levitt addressed her concern that various outing destinations are no longer available as a choice for the Community Based Services program. Kathleen Gallagher provided feedback stating that Michigan has hopes to fully implement a new federal rule within the next 1-2

years that proposes a 40/60 rule—stating that an individual must spend 40% of their time in-house and 60% in the community. Kathleen Gallagher stated that programs can still spend 40% of time in non-integrated activities of choice. According to the state, community integration does not include congregating in areas that hold a majority population of mentally ill or intellectually disabled individuals. Kathleen Gallagher offered that Brooke Sniesak, SCCCMH's HCBS Representative, attend January's meeting to offer insight.

E. Nancy Thomson announced the CMH Board has a new member, Kyle Schieweck, who follows the departure of Mike Smith.

VIII. ADJOURNMENT – N. Thomson

Nancy Thomson adjourned the meeting at 12:56 PM.

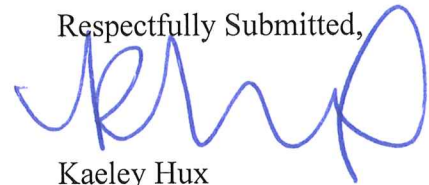
IX. NEXT MEETING: Wednesday, January 15th, 2020 from 12 PM – 1 PM in Blue Room 110 – 1st Floor

Reviewed and Approved By:



Kathleen Gallagher
Program Director

Respectfully Submitted,



Kaeley Hux
Recording Secretary

cc: Debra B. Johnson, Executive Director
Kathleen Gallagher, Program Director
Lori Gauthier, Executive Secretary
Advisory Committee Members
Marcy Cameron
Electronic Record