## St. Clair County Community Mental Health Authority

## **Advisory Council Meeting Minutes**

Wednesday, September 20, 2023

#### PRESENT:

**Advisory Committee Members:** Nancy Thompson, Nora Condland, Alesha Fay, Harold Powell, Cynthia Raymo

**CMH Staff**: Kathleen Gallagher (Program Director), Sarah Herrle (Community Relations Representative), Denise Choiniere (QIDM Representative) Jami Strickler (CMH Recording Secretary)

ABSENT: Lisa Clark, Ruth Thick, Amy Sanderson, Nancy Levitt, Martha Partipilo

## I. Call to Order/Agenda Changes –N. Thomson

Ms. Kathleen Gallagher, CMH Program Director called the meeting to order at 12:04 p.m.

# II. Review/Accept Meeting Minutes - Group

The Advisory Council members accepted the minutes from August 16, 2023 as presented.

# III. Executive Director Updates – D. Johnson

None

## IV. CMH Updates- K. Gallagher

### • NAMI Updates

Ms. Gallagher updated the Council that the local NAMI group is up and running, meeting once monthly. Turn out has been good. Also new group-NAMI Peer to Peer is available free to the community online. A flyer was provided to the Council with more information.

#### Private Insurance at CMH

The Agency has been accepting commercial insurance since becoming a CCBHC. This has removed some insurance based barriers to the community resulting in a significant increase in Individuals receiving services. CMH has been working out a process to adequately bill these populations and receive timely payments as only the General Fund or Local funds can be used to supplement payments, Medicaid funds cannot be used. As of October 1<sup>st</sup> the Agency will be billing people for full cost of services if they cannot provide information to us that would qualify them to be put on the Sliding Scale billing.

#### • Medicaid Enrollments

As the Covid Health Emergency was discontinued in May, redetermination requirements for Medicaid has resulted in many individuals falling off. Much of that populations would fall in the Healthy Michigan residents requirements. The Agency continues to work with DHS to assist individuals in enrolling in these programs.

### • Strategic Planning

The Agency has engaged with a consultant to look at Strategic Planning going forwards. A draft is out, and can be provided to Council Members. CMH is welcoming any questions or feedback.

## V. Community Relations- S. Herrle

### • Back to School Toolkit

Ms. Herrle provided the Council with a Back to School Toolkit card and demonstrated using the QR code to link with a multitude of quality mental and behavioral health information they can use within schools, and the community. This digital tool kit is beneficial as it is easily emailed and distributed and updated. A link can also be found on the CMH website and is available to anyone.

## • Community Events

Additional events the Agency have participated or will be participating in include:

- ➤ Mental Illness Awareness week- 1<sup>st</sup> week of October. Informational virtual workshops will be available to the community.
- ➤ Dementia/Alzheimer's Association 5k Run/Walk September 24<sup>th</sup>
- ➤ Taking a Shot at Breast Cancer- Pink Tie Gala- October 20<sup>th</sup>
- Employee Wellness Event at Cargill Salt- September 20<sup>th</sup> & 21<sup>st</sup>
- ➤ Community Baby Shower- October 3<sup>rd</sup>
- ➤ Walk to Remember, Walk to Prevent- October 8<sup>th</sup>

## VI. Quality Improvement Updates- D. Choiniere

## • Customer Satisfaction Survey

Ms. Choiniere discussed the satisfaction survey for Fiscal Year 2023 using the provided packet. This year was a combined traditional survey as well as one for the CCBHC. Child and adult surveys were sent by mail at first, due to the personal identifying information required by the CCBHC. Partially thru the process phone, and in person surveys were also implemented. Overall satisfaction showed as 95%. Any survey indicating a desire for follow up, were given to Ms. Gallagher for review. FY23 survey results were similar to those of previous years.

## VII. Policy Review

There were no Advisory Council Policies up for review the month of September

#### **VIII.** Old Business

There was no Old Business discussed at this month's meeting.

## IX. Council Round Table

- Ms. Fay shared that there is now Naloxone distribution boxes located at the CMH satellite offices. Additionally Ms. Fay provided the Council with a flyer with information regarding the Ally Center's Homecoming Gala. Members are encouraged to spread the word.
- Ms. Thompson questioned if there had been any progress regarding legislation for the use of restraint on children in group home settings. Ms. Gallagher advised that currently this is stalled, and she encourages Council members to reach out to representatives to express their concerns regarding keeping kids safe in these circumstances.

# X. Adjournment

Meeting adjourned at 12:36 PM by Nancy Thomson

# XI. Next Meeting

Wednesday, October 18, 2023 from 12PM-1PM via Lifesize or in person

Respectfully Submitted By:

Jami Strickler Recording Secretary

cc: Debra Johnson, Chief Executive Officer

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