



**St. Clair County
Community Mental Health**

Providing Opportunities for Health, Wellness, & Connection

**APRIL TOPIC:
Emotional
Intelligence**

LUNCH MEET-UP

WITH

*Jill Vandenaheele
&
Telly Delor*

**Friday
April 24, 2026
Noon - 1:00 p.m.**

**SCCCMH
Auditorium**

Register:



**Free Lunch!
Meet new
co-workers!
Learn something new!
Share ideas!**



After a year-long quest of reviewing and discussing 250+ books, articles and podcasts about emotional intelligence, Jill and Telly are ready to share their insights with you and have a fun discussion about your opinions and challenges!