



VETERANS WALKING GROUP

**Open to all current and former
service members and their families.**

Join this casual, social group of fellow military members for exercise and camaraderie. No registration required, just come as you are.

WEDNESDAYS

10:00 AM

**Birchwood Mall
Fort Gratiot**

The group meets at the carousel by the food court.

COME AND JOIN US!



**St. Clair County
Community Mental Health**
*Promoting Discovery & Recovery Opportunities
for Healthy Minds & Bodies*



www.scccmh.org

Questions?

Contact Veteran Navigator, Wendy Martindale
at wmartindale@scccmh.org or (810) 966-3755