



**Veterans
Crisis Line**

DIAL 988 then PRESS 1

Veterans face unique challenges after service and are at **higher risk for suicide** than the general population. Stress, isolation, and difficulty adjusting to civilian life can take a heavy toll—but support is available, and reaching out is a sign of strength. You don't have to handle this alone.

Know the Warning Signs:

- Feeling isolated, hopeless, or trapped
- Trouble sleeping or major changes in appetite
- Using alcohol or substances to cope
- Thoughts of suicide or self-harm

If you or someone you know is struggling:

- **Veterans Crisis Line:**
Dial 988, then press 1
- **Crisis Text Line:**
Text HOME to 741741
- **SCCCMH 24/7 Crisis Line:**
Call 810-966-2575



**St. Clair County
Community Mental Health**
Providing Opportunities for Health, Wellness, & Connection

**Information and Access to Services:
810-488-8888**

**24-Hour Crisis Line:
810-966-2575**

www.scccmh.org |    

**St. Clair County
Community Mental Health**
3111 Electric Avenue
Port Huron, MI 48060
(810) 985-8900

**St. Clair County
Community Mental Health
Child & Family Services**
2415 24th Street
Port Huron, MI 48060
(810) 488-8840

**St. Clair County
Community Mental Health - South
Adult Services**
6221 King Road
Marine City, MI 48039
(810) 765-5010

**St. Clair County
Community Mental Health - South
Child & Family Services**
135 Broadway
Marine City, MI 48039
(810) 400-4200

**St. Clair County
Community Mental Health - West**
14675 Downey Road
Capac, MI 48014
(810) 395-4343

**Veteran Navigators
Walking with Warriors**



Veteran Services



**St. Clair County
Community Mental Health**
Providing Opportunities for Health, Wellness, & Connection

Who We Serve:

Veteran Navigator services at St. Clair County Community Mental Health (SCCCMH) are available for all veterans and military families, no matter your age, income, combat status, service branch, insurance coverage, discharge type, or length of service.

Our goal is to walk alongside veterans and their families, connecting them to mental health care, substance use treatment, VA benefits, housing, employment, and community resources.

We Can Help:

Navigating the VA system and community resources can be overwhelming. Our Veteran Navigator is a peer who has also served and understands the unique challenges of military life and transition.

Contact:

Wendy Martindale
Veteran Navigator
(810) 966-3755
wmartindale@scccmh.org



Our Approach



Peer-led: you'll work with a fellow veteran who understands military culture.



Local: SCCCMH maintains strong partnerships with veteran organizations across Michigan.



Supportive: We focus on building healthier lifestyles and reducing barriers to care.

How We Help:

A Veteran Navigator can assist you with:

- Guidance through the VA benefit enrollment process
- Accessing local resources such as housing, employment, and health care
- Linking to mental health or substance use disorder treatment services at SCCCMH or other providers
- Supporting and advocating for you in times of stress or crisis



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