

# **Behavioral Health Urgent Care Services**

Immediate Support, No Appointment Needed!

St. Clair County Community Mental Health offers walk-in services for individuals experiencing a behavioral health crisis or those in need of rapid access to care.

### Services Include:

- Mental health crisis assessment & stabilization
- Brief counseling and emotional support
- Suicide Prevention and safety planning
- · Substance use crisis intervention
- · Referral and linkage to ongoing care

#### Who Can Use Crisis Services?

- Youth, adults, and families in emotional or psychological crisis
- Individuals experiencing anxiety, depression, suicidal thoughts, to substance-related distress
- Those who need help now but don't require emergency room or inpatient care

## What to Expect:

When you arrive, you'll be greeted by trained professionals, social workers, clinicians, or peer support specialists who will listen, assess your needs, and work with you on a path forward.

# No Insurance? No problem!

For those who qualify, SCCCMH provides services regardless of insurance or ability to pay, utilizing a sliding fee scale.

## **Contact:**

**Access to Services:** 810-488-8888 **24/7 Crisis Line:** 810-966-2575

For life-threatening emergencies, always dial 911.

### **About Us:**

The Crisis and Access team at St. Clair County Community Mental Health (SCCCMH) is your first point of contact for urgent behavioral health needs. Whether you or a loved one is in crisis, needs immediate support, or is seeking access to services, our team is here 24/7 with compassionate care.

### **Location and Hours:**

Walk-in Crisis Care Hours: Monday - Friday 8:00 am - 3:00 pm

Behavioral Health Urgent Care, Crisis Services & Intake Unit 3111 Electric Ave., Port Huron MI 48060

We are committed to providing traumainformed, person-centered, and culturally competent care to all individuals and families in need of behavioral health services and support.