

HEALTHY MINDS HEALTHY BODIES

# 5K RUN FOR 1 MILE RECOVERY

# SATURDAY MAY 10, 2025



## EVENTS

1-Mile Timed Kids' Run	8:30 a.m.
2-Mile Walk	9:00 a.m.
5K Timed Run	9:00 a.m.

## SPECIAL SCHOOL RUN CLUB PRICING!

\$10 per student participant, two adult entries for coaches included at the student price. Registration fee includes race shirts for each student and coach and a run club award. Register your club today using the attached form by email to [bmurdick@scccmh.org](mailto:bmurdick@scccmh.org) or by phone at 810.966.3706.



**St. Clair County  
Community Mental Health**  
*Providing Opportunities for Health, Wellness, & Connection*

[www.scccmh.org](http://www.scccmh.org)

**MORE INFORMATION:**  
[scccmh.org/runforrecovery](http://scccmh.org/runforrecovery)

Race packet pick-up 5/8/25 and 5/9/25  
from 8:30 a.m. - 4:00 p.m. at SCCCMH  
3111 Electric Ave., Port Huron

Proceeds from this event benefit the SCCCMH Endowment Fund, Blue Water Recovery and Outreach Center, and NAMI Blue Water Area