

# Request for Information for Parent Support Partners

#### **Purpose**

This document outlines the St. Clair County Community Mental Health (SCCCMH) need for Parent Support Partners.

SCCCMH is a provider of Medicaid services and functions as part of Region 10 Prepaid Inpatient Health Plan (Region 10 PIHP), comprised of Genesee Health System, Lapeer County CMH, Sanilac County CMH, and SCCCMH.

# **Project Details**

Parent-to-Parent Support (PSP) is designed to support parents/family members of children with serious emotional disturbance or intellectual and developmental disabilities as part of the treatment process to be empowered, confident, and have skills that will enable them to assist their child to improve in functioning. SCCCMH intends to expand PSP Services in St. Clair County specified below:

- County-wide Capacity to:
  - Provide education, training, and support, and augments the assessment and mental health treatment process.
  - Empower families by working as partners and peers with families as well as building parents' skills to locate resources to meet their needs and navigate systems.
  - Provide activities in the home and in the community.
  - Attend regular supervision and team consultation by the treating professionals.

# **General Expectations for Interested Providers**

- Interested providers must have the appropriate and necessary agency credentials in order to provide services being sought, or the capacity to obtain.
- Interested providers agree to adhere to the provider enrollment and credentialing policies/procedures of SCCCMH to be a credentialed member of SCCCMH's Provider Panel through a formal contractual agreement. For additional information, please see SCCCMH's policy #01-003-0011, Provider Enrollment and Credentialing, located on our website at <a href="https://scccmh.org/policy-index/">https://scccmh.org/policy-index/</a>.

- Interested providers must have sufficient qualified staff currently available to provide the services being sought, or, in the alternative, identify an expected timeframe of acquiring qualified staff.
- Interested providers must have the financial capacity to establish or expand existing service locations in St. Clair County to provide services being sought.
- Interested providers must currently be or have the capacity to be paneled to be a Medicaid and private insurance provider.

#### **General Information**

- Due date for RFI response with statement of interest: **03/05/2025**
- PSP should have or have had a child with special mental health needs
- PSP skills and guiding principles are outlined on page three (3)
- Willingness to accept SCCCMH's Reimbursement Rates (TBD based on cost calculation submission by interested provider)
- Anticipated length of contract: TBD generally fiscal year to fiscal year with renewal on an annual basis solely at SCCCMH's discretion

#### **General Submission of Interest Information**

All interest submissions should include the following components:

- Brief overview of the provider's current PSP service array/history.
- General/high level narrative of how the provider would establish the requested services in St. Clair County.
- General/high level description of the provider's sustainability plan for new or expanded service sites.
- Any supportive documentation the provider may want to include.
- All questions and statement of interest should be submitted in writing by email to:

Jennifer O'Dell
Provider Network Coordinator
St. Clair County Community Mental Health
3111 Electric Avenue, Port Huron, MI 48060
jodell@scccmh.org

# **Parent Support Partner Skills and Guiding Principles:**

PSP is a unique service for parents and/or caregivers of children involved in the Community Mental Health system. One of the unique roles of PSPs is that they can support parents and families in learning essential skills and abilities that will lead to more successful outcomes for children and youth. PSPs can help educate parents on how to build productive partnerships and communication between themselves and child-serving systems such as educations, juvenile justice, and the public mental health system. By providing education regarding access to services, the assessment process, family driven-youth guided practice, and person-centered planning process, parent and caregivers are able to speak for themselves and make informed choices. When a family is skilled in navigating and understanding the needs of their child as well as understanding the perspective, mandates and agendas of service providers, the likelihood of successful treatment greatly improves.

# **Knowledge and Skills**

- 1. Ethics and Confidentiality
- 2. Alliance Building and Empowering Families
- 3. Bridging and Collaboration
- 4. Developing Direction and Determination

PSPs are helping professionals and like other professionals (i.e., social workers, psychologists, educators, medical doctors) should adhere to a code of ethics. Listed below are three ethical principles for PSPs that align with FAFC's Guiding Principles.

#### **PSP Ethical Principles**

- 1. Integrity
- 2. Safety
- 3. Professional Responsibility

PSP should work to create an environment where questions are valued - and independence and change are essential.