

HEALTHY MINDS HEALTHY BODIES

5K RUN FOR RECOVERY

1 MILE

SATURDAY MAY 10, 2025



EVENTS

- 1-Mile Timed Kids' Run 8:30 a.m.
- 2-Mile Walk 9:00 a.m.
- 5K Timed Run 9:00 a.m.

REGISTRATION FEES:

- Over 18: \$30
- 18 & under: \$15

Register by April 16th for a 2025 Run for Recovery Race Shirt! Participants registering after April 16th, no race shirt is guaranteed.

Race packet pick-up 5/8/25 and 5/9/25 from 8:30 a.m. - 4:00 p.m. at SCCCMH | 3111 Electric Ave., Port Huron

 **St. Clair County**
Community Mental Health
Providing Opportunities for Health, Wellness, & Connection

www.scccmh.org


REGISTER:
scccmh.org/runforrecovery



Proceeds from this event benefit the SCCCMH Endowment Fund, Blue Water Recovery and Outreach Center, and NAMI of the Blue Water Area