



# St. Clair County Community Mental Health

*Providing Opportunities for Health, Wellness, & Connection*

## High School Art Contest

---

# BUILDING BRIGHTER TOMORROWS: HEALTH, WELLNESS, AND CONNECTION

## OPEN TO ALL ST. CLAIR COUNTY HIGH SCHOOL STUDENTS!

## DEADLINE: FRIDAY, JANUARY 31, 2025

---

### Prizes

|                                |       |
|--------------------------------|-------|
| Best In Show                   | \$350 |
| People's Choice                | \$150 |
| 1 <sup>st</sup> Place          | \$150 |
| 2 <sup>nd</sup> Place          | \$100 |
| 3 <sup>rd</sup> Place          | \$75  |
| Honorable Mention certificates |       |

Additional information & entry forms can be found online at:  
[www.scccmh.org](http://www.scccmh.org)  
or scan the QR code



*Best In Show* artwork is used as St. Clair County Community Mental Health's Mental Health Poster and will appear in the agency's annual report and on billboards throughout St. Clair County. Artwork may also be used in additional, appropriate marketing campaigns and material; in 2023 the winning artwork was featured on SCCCMH's Healthy Minds Healthy Bodies 5K run material and shirts!



**St. Clair County  
Community Mental Health**

*Providing Opportunities for Health, Wellness, & Connection*

**Building Brighter Tomorrows:  
Health, Wellness, and Connection**

# 22<sup>nd</sup> Annual High School Art Contest

## CONTEST ENTRY FORM

*Complete and submit this form with your entry by 5:00 p.m. on Friday, January 31, 2025.*

**Please be sure to complete the form fully and legibly**

\_\_\_\_\_  
Title of Entry

\_\_\_\_\_  
Student Name

\_\_\_\_\_  
Grade (2024/25 School Year)

\_\_\_\_\_  
Student's Home Address (include city & zip code)

\_\_\_\_\_  
Parent/Guardian Name

\_\_\_\_\_  
Parent/Guardian Email Address

\_\_\_\_\_  
Parent/Guardian Phone Number

\_\_\_\_\_  
School

\_\_\_\_\_  
Teacher's Name (if applicable)

\_\_\_\_\_  
Teacher's School Email Address

\_\_\_\_\_  
Teacher's School Phone Number

I hereby certify that this entry is my own original work and is not copied, adapted, or plagiarized from any other source. By entering this contest, I give St. Clair County Community Mental Health permission to use my entry for educational and promotional purposes with no additional expectation of compensation.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent/Guardian Signature (if student is under 18)

**For more information, go to [www.scccmh.org/events/creative-arts-contest/](http://www.scccmh.org/events/creative-arts-contest/)  
or contact Aubree Mayhew at 810.966.3386 or [amayhew@scccmh.org](mailto:amayhew@scccmh.org)**



# St. Clair County Community Mental Health

*Providing Opportunities for Health, Wellness, & Connection*



## Quick Reference Guide

**What is the goal of the annual creative arts contest?** To encourage youth to use their talents to educate their peers and the community about the value of connecting mind and body for mental wellness and to reduce stigma associated with mental health conditions, intellectual/developmental disabilities, and/or substance use disorders.

**What is this year's theme?** The 2025 Theme is: Building Brighter Tomorrows: Health, Wellness, and Connection.

**Consider the Eight Dimensions of Wellness when creating your artwork.** There are eight important parts of being healthy and happy (wellness) and they all work together. Together, these eight dimensions can help you live the life you want.

1. Emotional Wellness ~ is feeling good about yourself and getting along with others.
2. Environmental Wellness ~ is being in places that make you feel good and help you stay healthy.
3. Financial Wellness ~ is about feeling content with your money now and in the future.
4. Intellectual Wellness ~ is about using your brain to learn new things and be creative.
5. Occupational Wellness ~ is about being happy and proud of the work you do.
6. Physical Wellness ~ is about eating healthy foods, being active, and getting enough sleep.
7. Social Wellness ~ is about having friends, feeling like you belong, and having people to help you.
8. Spiritual Wellness ~ is about finding meaning in your life and feeling like you have a purpose.

**Can artwork contain a blend of computer generated and hand created art?** No, at this time our Creative Arts Contest do not accept digital artwork.

**Who judges the artwork?** Judging is by popular vote of SCCCMH staff, individuals who use CMH services, and the public. All entries will be posted to the SCCCMH website for public voting, this will determine the People's Choice Award. There will be voting by SCCCMH staff and individuals who use SCCCMH services that will determine the other awards.

**When will prizes be awarded?** Prizes will be awarded in May. Winners will be notified by mail and SCCCMH will make every effort to schedule a presentation of awards in partnership with the winners' schools or districts.

**When will student artwork be returned?** Artwork not awarded a prize may be picked after May 5, 2025. Winning artwork will be available for return after June 2, 2025. All artwork can be picked up at the SCCCMH Port Huron office or you can request to have your artwork returned to your school.



*2023 Creative Arts Contest Best in Show Winner is pictured, left, for reference. The previous theme was Keep Going, Keep Growing, and this artwork was featured on billboards during Mental Health Month and on the SCCCMH Healthy Minds, Healthy Bodies Run for Recovery in May 2023.*



**St. Clair County  
Community Mental Health**  
*Promoting Discovery & Recovery Opportunities  
for Healthy Minds & Bodies*

## ART CONTEST RULES

1. Entries must be the original, individual work of a student in grades 9, 10, 11, 12.
2. The student must live in or attend school in St. Clair County, Michigan.
3. Entries must be hand created work using any medium, not created digitally.
4. Entries should be no larger than 14" x 17".
5. Entries must be accompanied by a completed Student Entry Form. Entries not accompanied by this form will be disqualified.
6. Entries should not be matted or framed.
7. Entries using any easily transferable medium, such as chalk, charcoal, graphite and pastels, must be treated with a spray fixative before being turned in. It is also recommended that these types of pieces be submitted with newsprint or other paper protecting the work.
8. The student does not need to be currently enrolled in an art class to participate.
9. The student's name and their school name must be printed legibly on the back of the artwork.
10. Any artwork that depicts copyrighted images will be rejected. For example, no artwork depicting characters from television shows, movies, video games, or books will be accepted. All artwork must be original ideas and created entirely by the student.
11. Failure to adhere to any of the aforementioned rules could result in the artwork being disqualified.
12. Submissions must be received by 5:00 p.m., Friday, January 31, 2025.  
Mail or deliver entries to:  
St. Clair County Community Mental Health  
Attention: Creative Arts Contest  
3111 Electric Avenue  
Port Huron, MI 48060.

## PRIZES

**Best in Show ~ \$350**

People's Choice ~ \$150 • 1<sup>st</sup> Place ~ \$150 • 2<sup>nd</sup> Place ~ \$100 • 3<sup>rd</sup> Place ~ \$75  
Honorable Mention ~ Framed Certificate

*The Best in Show winning piece will be featured on the 2025 St. Clair County Community Mental Health poster and displayed on billboards throughout St. Clair County.*